

Workshop: Burden of disease of COVID-19 – strengthening the collaboration for national studies

Burden of disease methods: Integrating COVID-19 to the cause list

Grant Wyper Public Health Adviser | Public Health Scotland E-mail: grant.wyper@phs.scot Twitter: @GMAWyper

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Burden of disease methods: recap

- Disability-adjusted life years (DALYs) are a summary measure of the impact of morbidity and mortality
 - Years lived with disability (YLD) measures the frequency and severity of disease
 - Years of life lost (YLL) measures the frequency and age upon which death occurs
- Allows comparisons between otherwise heterogeneous causes of disease to inform where the largest public health losses are
- 'Health gap' between current state of health compared to a counterfactual of living free of disease and injury



Early pandemic context

- COVID-19 death numbers were quickly stacking, and as time progressed, it was clear that it would be one of the leading causes of death, in both country and international contexts
- Emerging attempts to treat COVID-19 different
 - "They were going to die soon anyway"
 - Misuse of life expectancy at birth to frame versus the age people were dying from COVID-19 at
- The need to standardize comparisons across causes and to segment direct and indirect COVID-19- and pandemic-related harms

Burden-eu action

1. Establish methods for valuing YLL due to COVID-19 infection

- 2. Establish methods for estimating DALYs due to COVID-19 infection
 - a) Peer-reviewed model
 - b) Developing plain English protocol to assist countries to undertake their own national assessments
- 3. Capturing the BOD-related research landscape for COVID-19

Valuing the YLL to COVID-19

- Dispel myths over YLL calculations and encourage transparency and documentation of methods
- Many within-country life expectancies are highly variable but it's less common to have stratified subnational approaches



 2020 paradox that increased mortality risks due to COVID-19 would result in lower YLL, as the 'value' of life is decreased

YLL recommendations

 Paradox in comprehensive BOD studies avoided by using a standard life table (GBD, WHO)

Ethical advantages

- Equal life locally, nationally and globally
- WHO SAGE roadmap for prioritizing uses of COVID-19 vaccines in the context of limited supply
- Comparative advantages and their increasing importance during global pandemic
- Adjustment would result in loss of focus of the factors and environment responsible for increased mortality risks

A disease model for COVID-19 DALYs

- Many network members were starting to think about calculating COVID-19 DALYs
- Group convened to discuss and establish health states and data inputs:
 - Input from European Centre for Disease Prevention and Control (ECDC)
 - 12 people, 7 countries, 10 institutions

A guide for COVID-19 DALY calculations

- Consensus model and approach published in the International Journal of Public Health
- Discussions over potential data inputs, including their benefits and drawbacks



Burden of Disease Methods: A Guide to Calculate COVID-19 Disability-Adjusted Life Years

Grant M. A. Wyper¹*, Ricardo M. A. Assunção², Edoardo Colzani³, lan Grant⁴, Juanita A. Haagsma⁵, Giske Lagerweij⁶, Elena Von der Lippe⁷, Scott A. McDonald⁶, Sara M. Pires⁸, Michael Porst⁷, Niko Speybroeck⁹ and Brecht Devleesschauwer^{10,11}

¹Place and Weilbeing Directorate, Public Health Scotland, Glasgow, Scotland, ²Food and Nutrition Department, National Institute of Health Dr. Ricardo Jorge, Lisbon, Portugal, ³European Centre for Disease Prevention and Control, Stockholm, Sweden, ⁴Data Driven Innovation Directorate, Public Health Scotland, Edinburgh, Scotland, ⁵Department of Public Health, Farasmus MC University Medical Center, Rotterdam, Netherlands, ⁶Centre for Infectious Disease Control, National Institute for Public Health and the Environment (RIVM), Bilthoven, Netherlands, ⁷Department of Epidemiology and Health Monitoring, Robert Koch Institute, Berlin, Germany, ⁶National Food Institute, Technical University of Denmark, Lyngby, Denmark, ⁹Research Institute of Health and Society, Catholic University of Louvain, Brussels, Belgium, ¹⁰Department of Epidemiology and Public Health, Sciensano, Brussels, Belgium, ¹¹Department of Veterinary Public Health and Food Safety, Ghent University, Mereibeke, Belgium

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Outcome tree for COVID-19 burden



A protocol to assist assessments



Publication of a burden-eu guide on calculating COVID-19 DALYs

- Provide guidance for data requirements, methodology and communicating results
- Encourage knowledge and experience sharing
- Contact us at info@burden-eu.net

Capturing COVID-19 research

Burden-eu BOD-related COVID-19 research repository

- Peer-reviewed research: 2 methods; 20 research papers;
- Non-peer reviewed research: 2 institutional reports; 8 pre-print papers

<u>https://www.burden-eu.net/outputs/covid-19</u>

