

For our Environment

Workshop:

Environmental burden of disease: methods and applications

# Introduction to the Environmental Burden of Disease concept

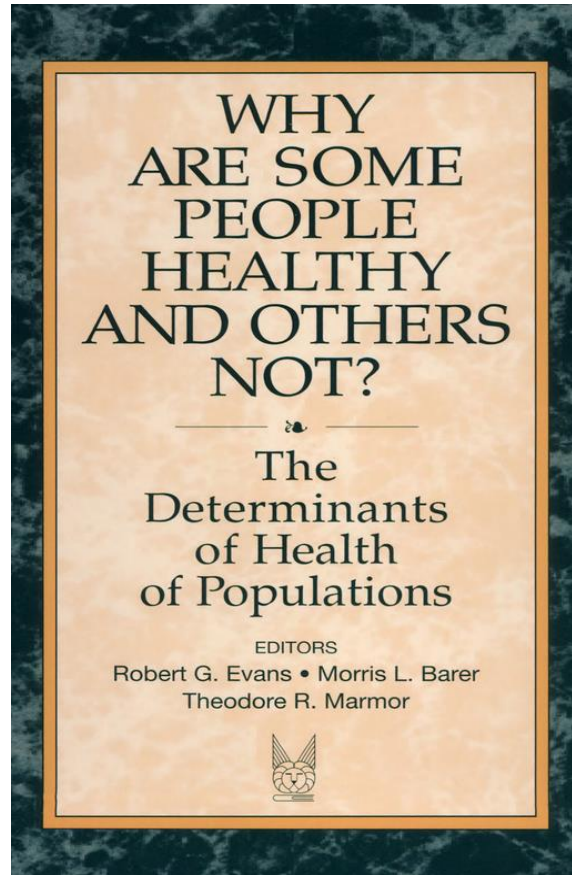
History, methods and selected results

Dietrich Plass, Myriam Tobollik , Dirk Wintermeyer

German Environment Agency

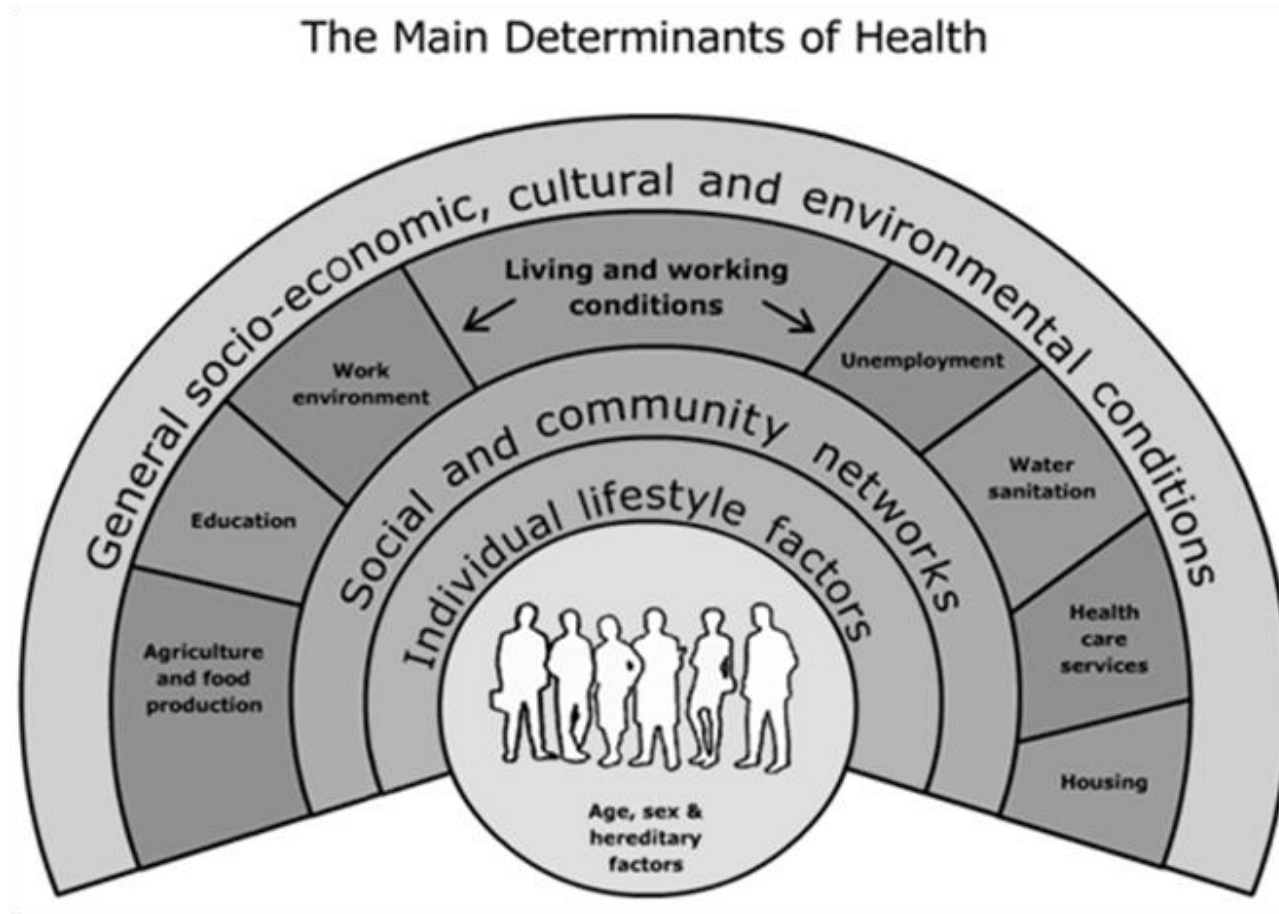
Section: Exposure Assessment and Environmental Health Indicators

# Population Health



*(Evans et al. 1994)*

# (Population) Health Determinants



(Dahlgren und Whitehead 1991)

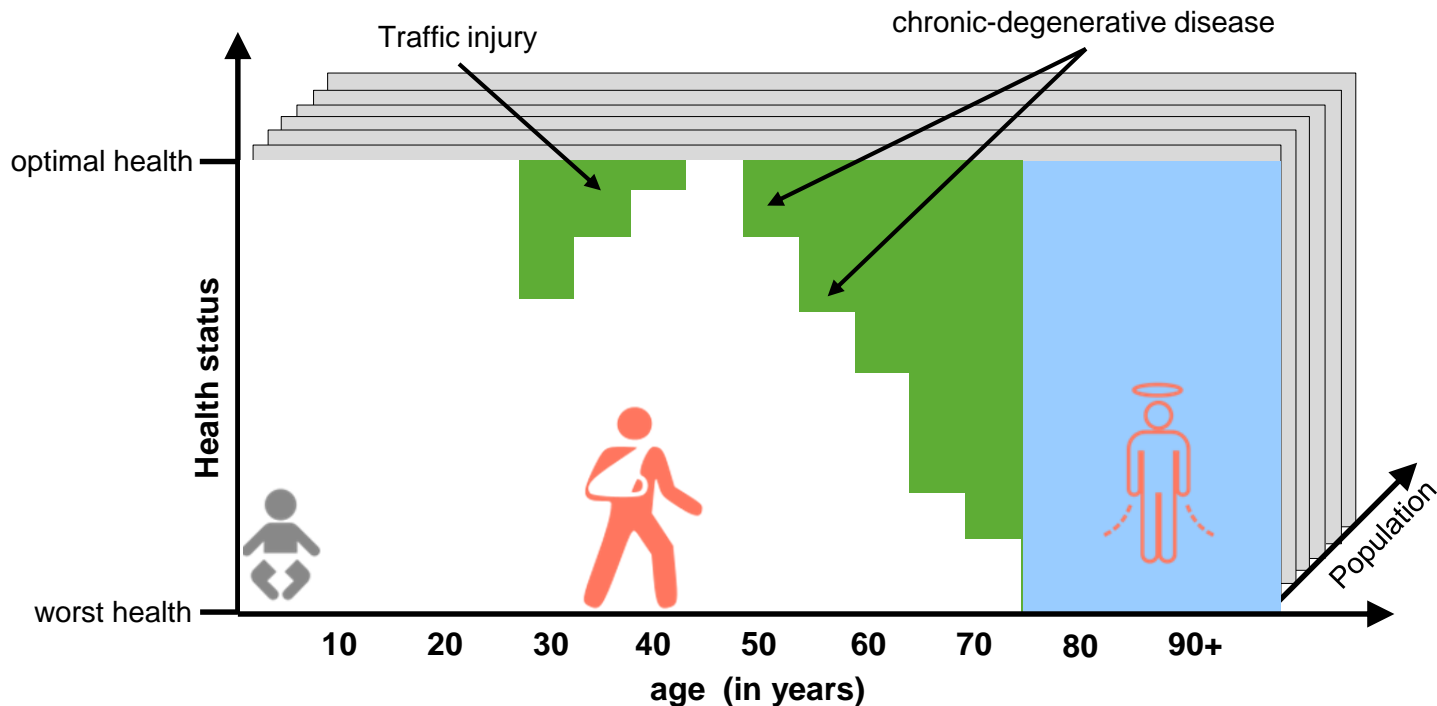
# Burden of Disease – a necessary prerequisite

*BoD analysis provides a **standardized framework for integrating all available information** on mortality, causes of death, individual health status, and condition-specific epidemiology **to provide an overview of the levels of population health** and the causes of loss of health*

(Mathers 2006)

- Consistent and comprehensive assessment of disease and injury consequences
- Use of a single metric for mortality + morbidity outcomes
  - **Disability-Adjusted Life Year (DALY)**
- Estimates of the overall level of population health

# Disability-Adjusted Life Year (DALY)



■ Years lived with disability (YLD)

■ Years of life lost due to premature mortality (YLL)

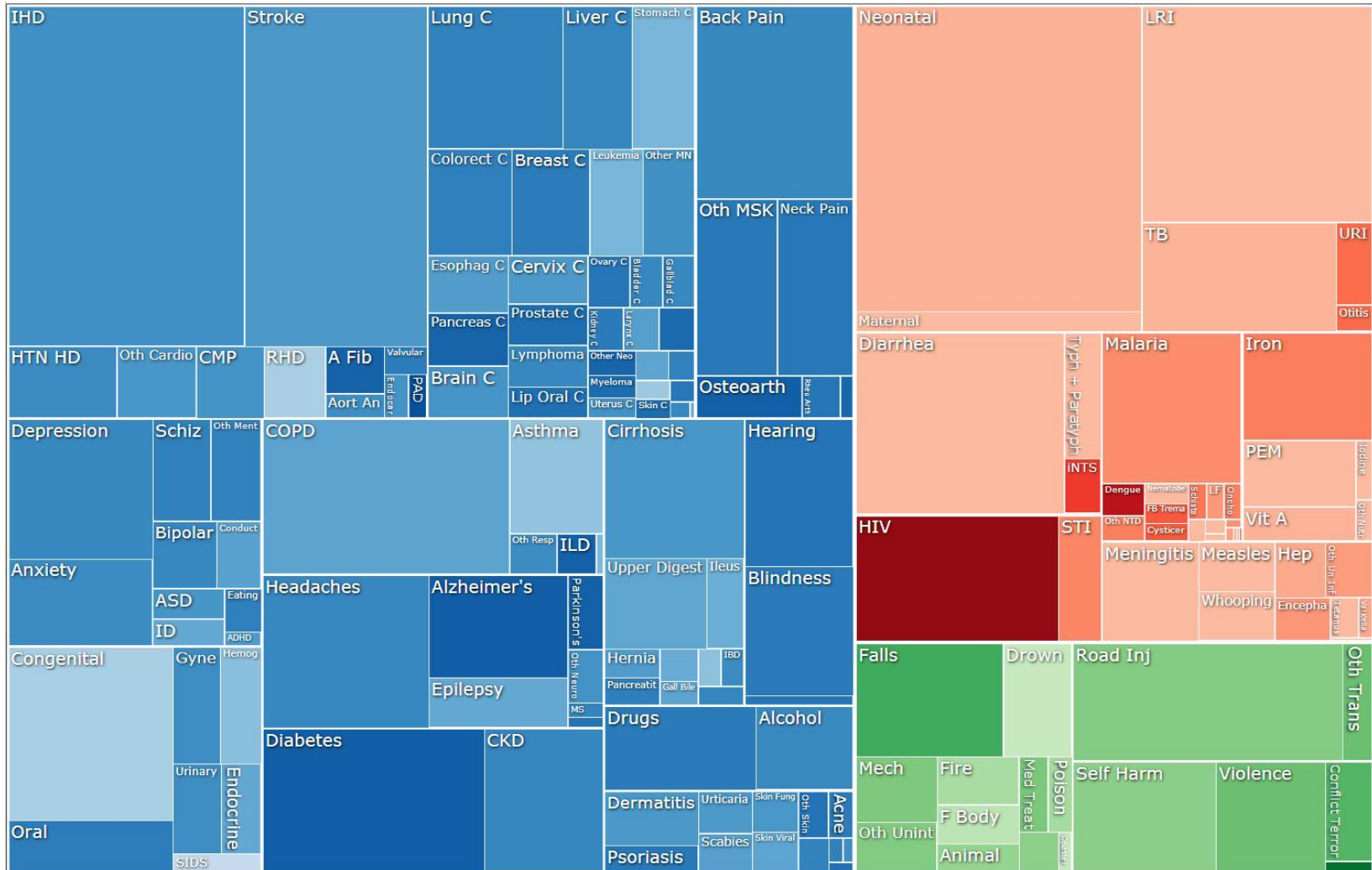
(Based on: [https://en.wikipedia.org/wiki/Disability-adjusted\\_life\\_year](https://en.wikipedia.org/wiki/Disability-adjusted_life_year))

# The Global Burden of Disease (GBD) Framework

- First comprehensive GBD-Study published in 1996
  - Introduced by WHO, World Bank and Harvard School of Public Health
  - DALY used as the core measure for population health
  - Ten major risk factors covered
- Several updates of the GBD-Study followed
- Since 2007 the Institute for Health Metrics and Evaluation is responsible for regular updates of the GBD-Study
- BoD currently estimated for the year 2017 and...
  - 354 diseases and injuries
  - 84 risk factors

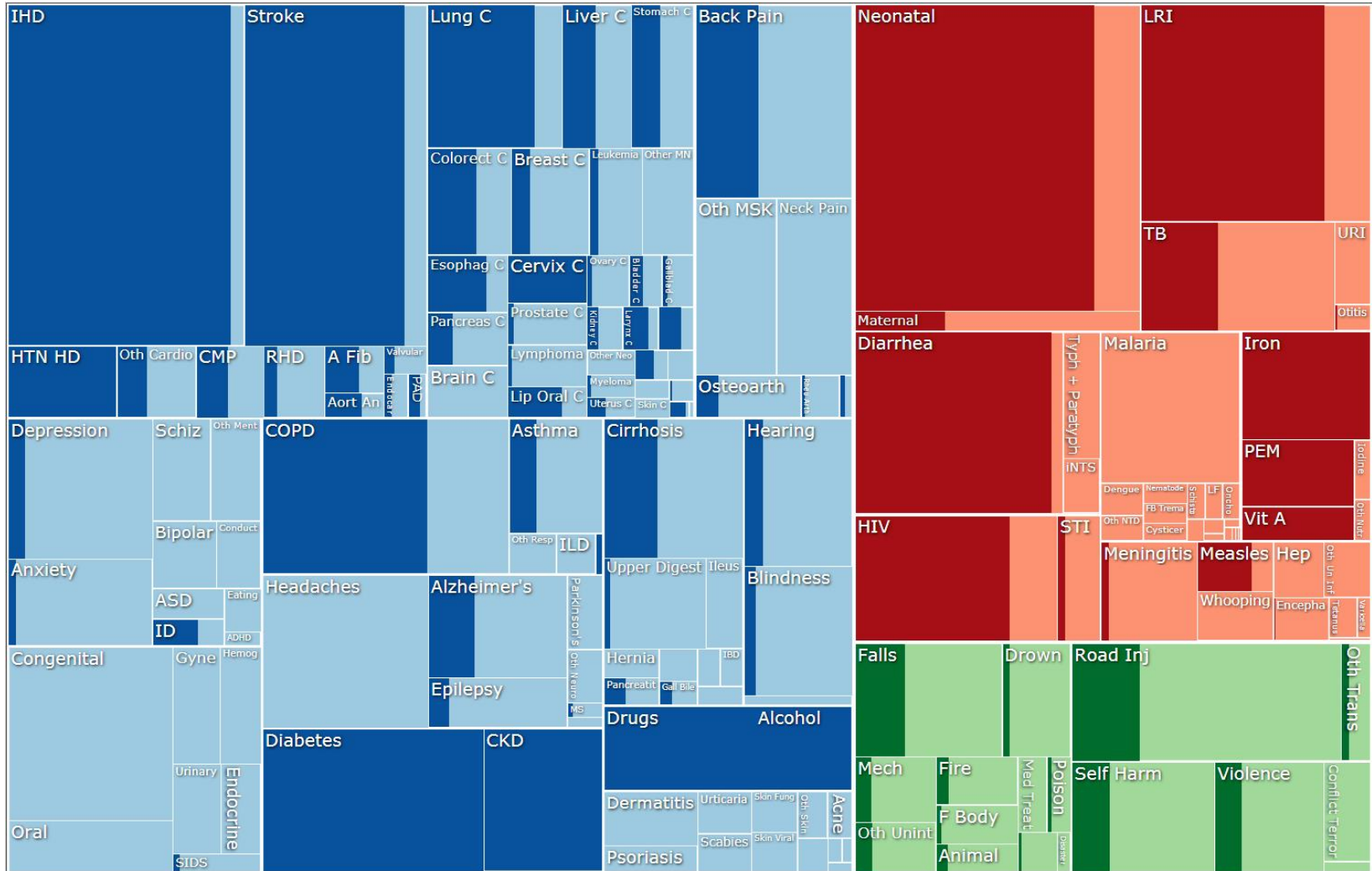


# Global Burden of Disease Study 2017 (DALY)



(<https://vizhub.healthdata.org/gbd-compare/>)

# Global Burden of Disease 2017 DALY - attributable to risk factors



(<https://vizhub.healthdata.org/gbd-compare/>)

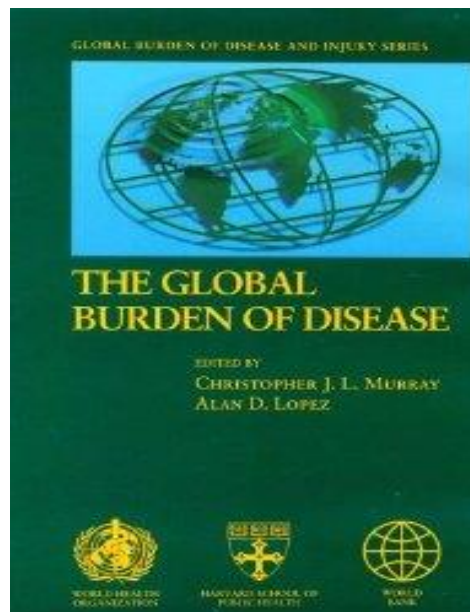


# Comparative Risk Assessment (CRA) – Introduction and objectives

- Quantifying disease burden is important to present the current population health status
- Identification of risk factors which are major drivers of global disease burden to uncover potential measures
- Attributing disease burden to risk factors is the essential step to take
- Comparative Risk Assessment as a part of the GBD study aims at standardized assessments of risk factor effects on population health

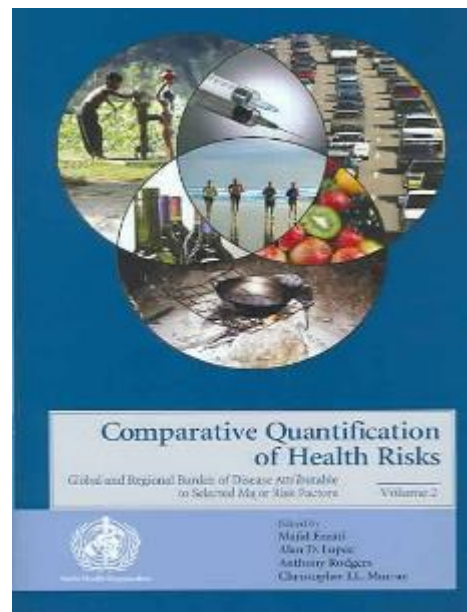
# Comparative Risk Assessment (CRA) – first estimates within the burden of disease framework

WHO, World Bank,  
Harvard School of  
Public Health 1996



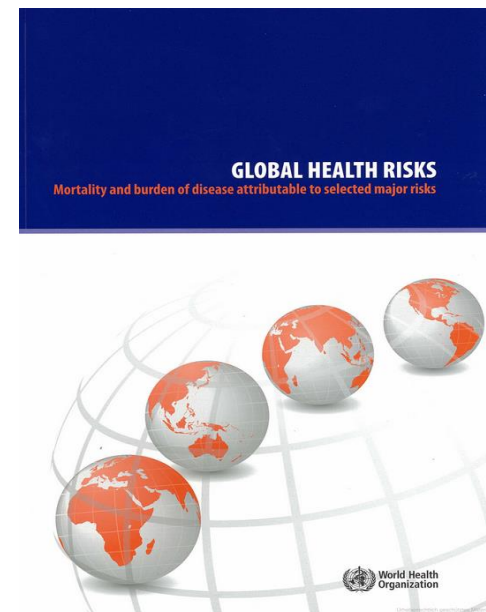
- 10 risk factors
- Baseline year 1990

WHO 2004



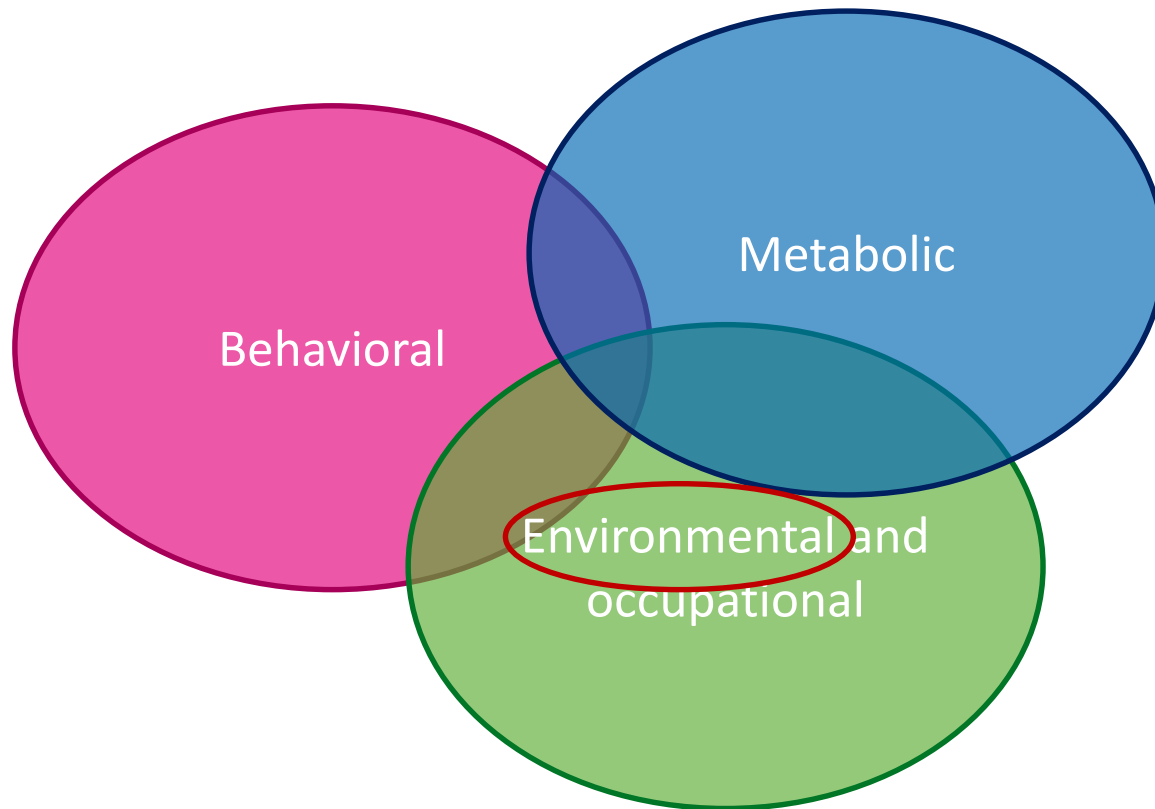
- 26 risk factors
- Baseline year 2000

WHO 2009



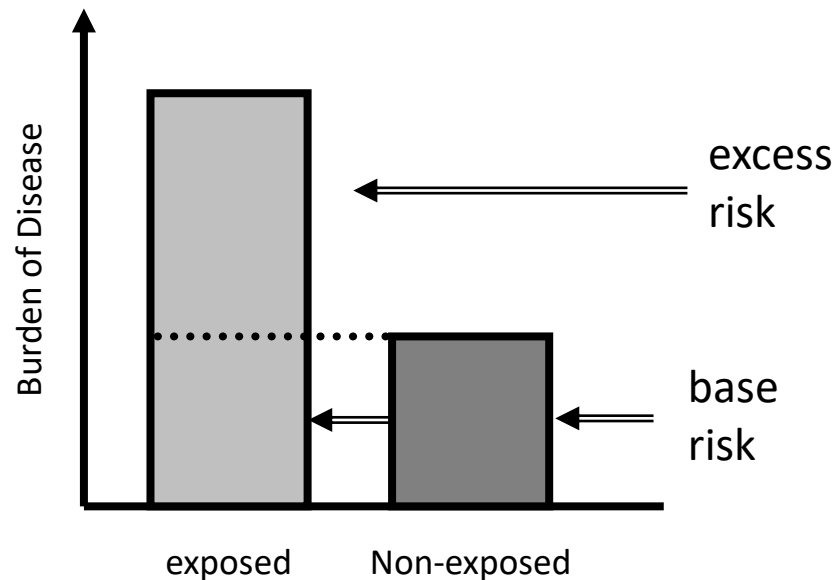
- 24 risk factors
- Baseline year 2004

# CRA – Risk groups according to the GBD-Study

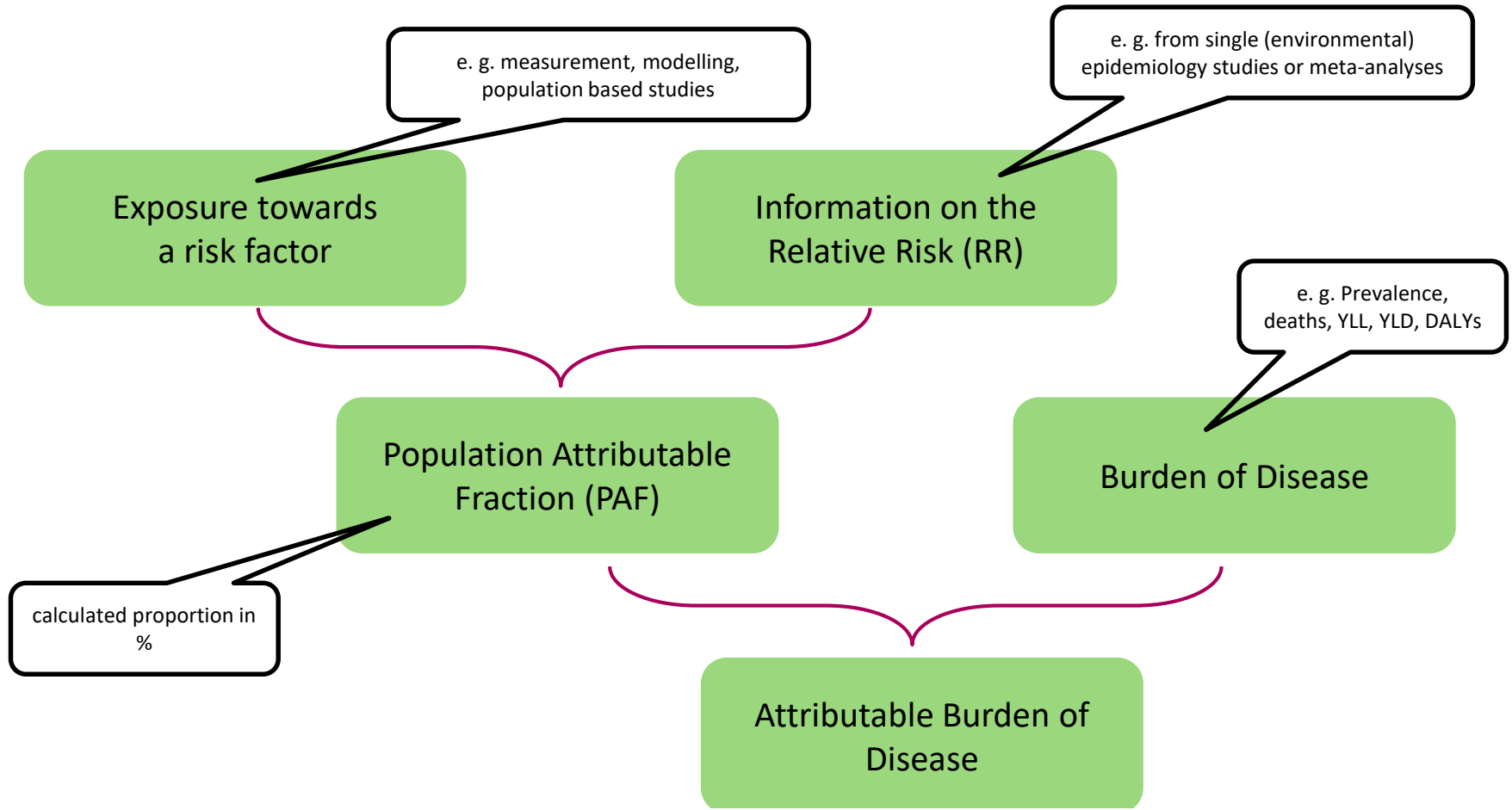


## Environmental Burden of Disease approach

- Developed as an extension of the CRA-approach
- Introduced by the WHO in 2003
- Special focus on environmental risk factors
- Emphasizes the link between environment and health
- Population Attributable Fraction as the core component



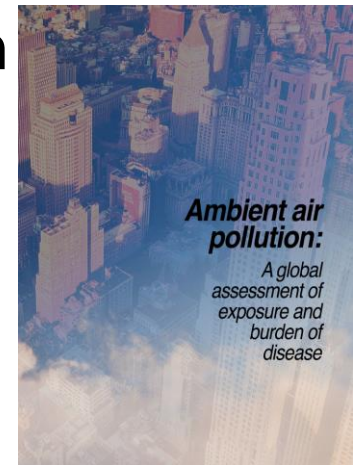
# Pathway of an EBD-Assessment



→ More details on the estimation processes in the upcoming presentations

## Selected results I – WHO (2012)

- Globally around 3 million deaths attributable to ambient particulate matter pollution in 2012 (outdoor air pollution, PM<sub>2.5</sub>)
  - 26% of DALYs due to lung cancer
  - 16% of DALYs due to ischemic heart diseases
  - 17% of DALYs due to stroke
  - 8% of DALYs due to COPD
- Attributable to ambient particulate matter pollution
- Reported as conservative figures
    - Only particulate matter effects considered
    - Only health outcomes with strong evidence included



(WHO 2016)

# Selected results II – WHO (2012)



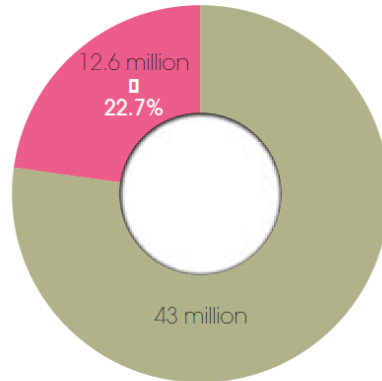
## PREVENTING DISEASE THROUGH HEALTHY ENVIRONMENTS

A global assessment of the burden of disease from environmental risks

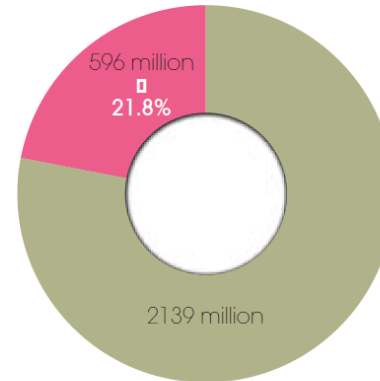
A Publication of the WHO Collaborating Centre for Environmental Health



Deaths (millions), 2012



DALYs (millions), 2012



### LOWER RESPIRATORY INFECTIONS



**51 million**

35%

Household and ambient air pollution, second-hand tobacco smoke

### CANCERS



**49 million**

20%

Air pollution, management of chemicals, radiation and workers' protection

### CARDIO-VASCULAR DISEASES



**119 million**

30%

Household and ambient air pollution, second-hand tobacco smoke, chemicals

### CHRONIC OBSTRUCTIVE PULMONARY DISEASE



**32 million**

35%

Household air pollution, workers' protection

### ASTHMA



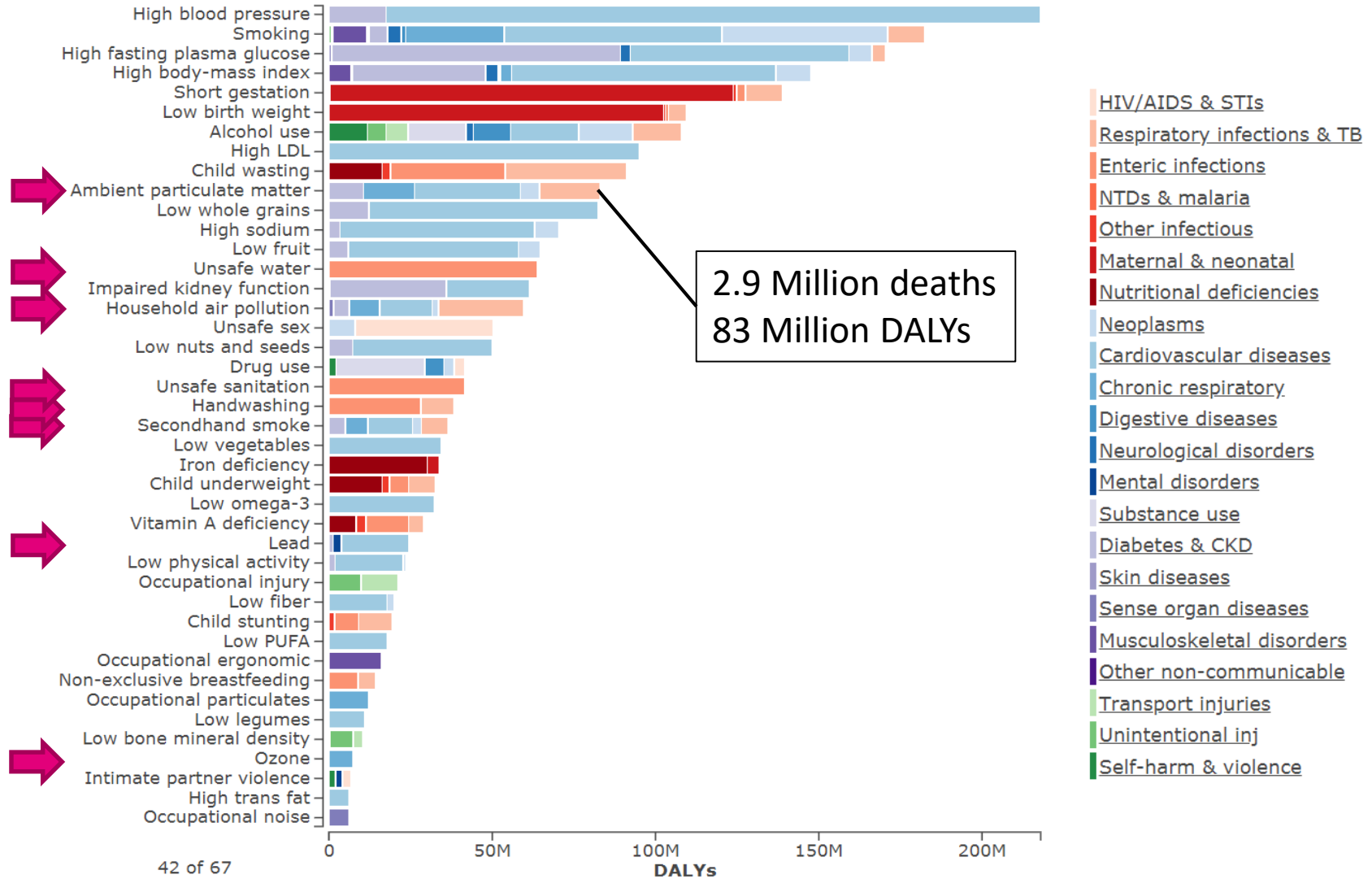
**11 million**

44%

Air pollution, second-hand tobacco smoke, indoor mould and dampness, occupational asthmagens

(WHO 2016)

# Selected results III – IHME (2017)



(<https://vizhub.healthdata.org/gbd-compare/>)



## Take home...

- CRA as the underlying concept allows comparisons between:
  - Countries, years, populations, risk factors
- Tool to identify important drivers of population health
- Additional information for environmental health policy decision making processes
- Data availability and quality crucial for significance and interpretation of EBD-findings
- EBD-findings only relevant at population level and have no direct meaning for single individuals
- EBD-findings only valid when interpreted in relative terms
- Transparency on assumptions and input data crucial

**Merci beaucoup pour  
votre aimable attention**

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